

December and January

Buford Academy

Breakfast of Champions

	Monday	Tuesday	Wednesday	Thursday	Friday
Cycle 1	11/28 & 1/9	11/29 & 1/10	11/30 & 1/11	12/1 & 1/12	12/2 & 1/13
	Mini Pancakes or Chicken Biscuit Fruit or Juice	PopTart & Cereal or Egg & Cheese Croissant Fruit or Juice	Sausage Biscuit or Bacon Biscuit Cheese Fruit or Juice	Waffle Sticks or Cheese Toast Sausage Links Fruit or Juice	Biscuit with Steak and/or Gravy Cheese Hashbrowns Fruit or Juice
Choice of Milk and Juice Daily					
Cycle 2	12/5 & 1/16 HOLIDAY	12/6 & 1/17	12/7 & 1/18	12/8 & 1/19	12/9 & 1/20
	Mini Pancakes or Chicken Biscuit Fruit or Juice	PopTart & Cereal or Egg & Cheese Croissant Fruit or Juice	Sausage Biscuit or Bacon Biscuit Cheese Fruit or Juice	Waffle Sticks or Cheese Toast Sausage Links Fruit or Juice	Biscuit with Steak and/or Gravy Cheese Hashbrowns Fruit or Juice
Choice of Milk and Juice Daily					
Cycle 3	12/12 & 1/23	12/13 & 1/24	12/14 & 1/25	12/15 & 1/26	12/16 & 1/27
	Mini Pancakes or Chicken Biscuit Fruit or Juice	PopTart & Cereal or Egg & Cheese Croissant Fruit or Juice	Sausage Biscuit or Bacon Biscuit Cheese Fruit or Juice	Waffle Sticks or Cheese Toast Sausage Links Fruit or Juice	Biscuit with Steak and/or Gravy Cheese Hashbrowns Fruit or Juice
Choice of Milk and Juice Daily					
Cycle 4	1/2 Holiday & 1/30	1/3 Holiday & 1/31	1/4	1/5	1/6
	Mini Pancakes or Chicken Biscuit Fruit or Juice	PopTart & Cereal or Egg & Cheese Croissant Fruit or Juice	Sausage Biscuit or Bacon Biscuit Cheese Fruit or Juice	Waffle Sticks or Cheese Toast Sausage Links Fruit or Juice	Biscuit with Steak and/or Gravy Cheese Hashbrowns Fruit or Juice
Choice of Milk and Juice Daily					
All meals include a choice of milk. Breakfast always includes fruit or fruit juice. Menu is subject to change based on availability of foods. Early Release days are ALWAYS Sack Lunch.					
This Institution is an Equal Opportunity Provider.					