



## Buford Basketball

Basketball season officially started on October 24th. The teams have been announced for the guys, and the girls are in full swing with practices.

The boys' team started tryouts on October 24th and participants had to make it through two cuts to make the team. To prepare for tryouts, the guys participated in a challenging preseason. To get in shape, they ran a couple of times a week. Any guy wanting to make the varsity team had to run the mile in under six minutes. They also played in a fall league at Norcross High School. They did well but lost in the semifinals of the tournament. They have been working on their fundamentals since this summer. The Lady Wolves started practices

on October 24th. There are no tryouts for the girls because everyone is welcome. To prepare for tryouts, the team went through a grueling preseason routine. After Labor Day the Lady Wolves really kicked into gear for preseason conditioning. Two days a week, the workout for the Lady Wolves was Insanity followed by a shooting session followed by a speed and agility workout led by Coach Durden. The third day of workouts was a track session where the ladies did various running workouts. They also did a hurdle routine to increase hip flexibility on track days.

The Wolves are returning six players that participated in Varsity games last season. TJ Shipe, Kyle Kellam, Alton Gross,

Xavier Cunningham and Coby Durden. The guys are scheduled to play some tough teams in order to bring out the best in their players. Be sure to follow the team on Twitter @BUFORDHOOPS.

The Lady Wolves have set out to play the toughest schedule any Buford girls team has played. The team will take on a national schedule playing teams from all over the country. They will open their season against McEachern, the class 5A state runner-up. Coach Durden hopes to see all of the girls in the program reach their full potential. Be sure to come out and support the teams at their season opener on 11/12/11.

## BHS Mission Statement

### OUR MISSION

The mission of Buford High School is to empower students to reach their full potential as lifelong learners and effective members of society by inspiring them to think, to achieve and to care.

### TRIPLE "A" EXCELLENCE

We strive for Triple "A" Excellence every day at Buford High School. That is excellence in Academics, excellence in Athletics and excellence in the Arts. Excellence is not just an act. Excellence is a habit. Excellence is done inside the classroom and outside the classroom. This is critical to the success of our students in the present and well into the future.

### THIS IS OUR BUSINESS

Our core business at BHS is teaching and learning. Our focus at BHS is on student learning, achievement, and success! All of our curriculum, instructional, and support programs focus on student learning, achievement, and success. This focus will continue our students on the road of excellence.

# Upcoming Events

## Theatre

- 10/31/11: Sweeney Todd performance @ Fine Arts Center 7:00pm
- 11/1/11: Sweeney Todd performance @ Fine Arts Center 7:00pm

## Academics

- 11/2/11: CTAE Performance Essay
- 11/2/11: SAT

## Football

- 11/4/11: Region Play Away Game 7:30pm

## Basketball

- 11/12/11: Scrimmage vs. McEachern (Boys and Girls teams)

## Swimming

- 11/1/11: Practice
- 11/3/11: Practice
- 11/5/11: Practice

# Athletics

The softball team played Murray county for the second round of state tournament games. They played in a double header and won both games with scores of 8-2. We will have the results of the state championship games that were held in Columbus. Will the make the drive for five?

The football team did great against GAC on Senior night winning 28-0. This game added another win to the twelve game winning streak against GAC. Senior

Nathan Staub ran for one touchdown. Andre Johnson, another senior, ran for two touchdowns. Dontravious Wilson added on another touchdown for the Wolves. Last week was a bye week for the Wolves and their next game will start region play.

The cross country team held the Region Cross Country Meet. The varsity girls, varsity guys, JV girls and JV guys all run in separate races. If the runners do well, they have a chance

to qualify for the state tournament. The guys will race great teams like #1 Westminster, #2 Blessed Trinity, and #3 Lovett. Buford is ranked #8 and should run well with these teams. Following the guys' race, the girls will race against great teams from AA and teams from All-Classifications.

The competition cheerleading team did not have a competition last weekend due to its cancellation.

# Academics

The spotlight for this week is on Gainesville State College, which is located in on 3820 Mundy Mill Road in Gainesville, Georgia. The college is a 4 year, public, junior college. Gainesville State is a great transfer college to go to for 2 years and then transfer to a bigger university, which is what a lot of people do. The college offers 3 different degrees including a Certificate, Associate, and Bachelor's degree. 83% of those that apply are actually admitted into Gainesville State. Gainesville has a regular application fee of \$35, which if paid online, is reduced. SAT and ACT scores are required and are

looked at and considered when sent in. Your Academic GPA and rigor of secondary school record are also important admission factors. You should note that a 2.0 GPA is needed to be considered for admission. The extracurricular activities offered in the college include, but are not limited to, musical theatre, student government/newspaper, and film society. Gainesville State offers volleyball, football, tennis, golf, bowling, and softball as sports. Gainesville State College makes for a great foundation college to start from and then eventually go on to a higher university.



The FCA club has meetings every Friday morning from 6:30 to 7:00 in the old football team room. Anyone can participate.

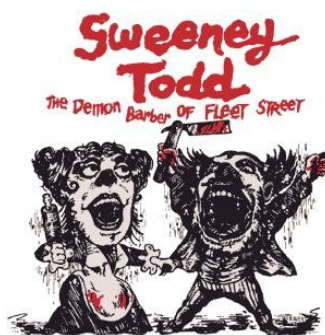
# Arts

The musical theatre class performed their play, *Sweeney Todd*, on Sunday. There are two more performances that will be held. The first is tonight and the second is on Tuesday, November 1st. Here is a preview of the awesome play the musical theatre class has prepared.

With beautiful music composed by Stephen Sondheim, *Sweeney Todd* is a tale of lost love and revenge. The leading roles in the play are Michael Grieve, Rosa Campos, Alec McQuade, Noah Haines, Sarah Freyaldenhoven, Hana Ivy, Bryce Benson,

Malachai Bush, and Meghan Williams. The show features more than 70 BHS students as cast and crew members.

On Friday, October 28, the Wolfpack players presented their one act version of *Sweeney Todd* at the Region 6AA One Act Competition.



# Community

Make sure to visit the great – Indian Festival and Pow-Wow at Stone Mountain Park this weekend to experience something exclusive to North Georgia! If you're a Mountain Member than this event is free. If not, tickets are \$12 plus tax at the park. Also, children under 3 are free! This Southeastern Tourism Society Top-20 event will be an experience the whole family will enjoy. The Pow-Wow will not be conducted by paid actors but by actual Indian tribe members! There will also be learning activities like flint-knapping, bow making, fire starting, open fire cooking, and poetry. In

addition, parents and kids can take place in a Camp and Lifestyle comparison between the different groups of Indians from across America. So, make sure that you plan to come to this great event!

For all of you runners, make sure you're at Gwinnett Parks Foundation: 5K Road Race! This event's proceeds will benefit the Gwinnett Parks Foundation, a non-profit group of volunteers who are interested in supporting the local parks of Gwinnett County and expanding Gwinnett's green space. Pre-registration is due by

10/31/11 which includes which will include a t-shirt for \$20. On-site registration will be \$25 per person. So, make sure you come out and support your county and better yourself by participating in the Gwinnett Parks Foundation: 5K Road Race.

## Getting to know Mackenzie Darrah

### **When did you first start playing basketball?**

I started basketball when I was four years old playing rec ball.

### **When did you come to Buford and where were you before you came to BHS?**

I came to Buford my freshman year. Before I came to Buford, I lived in Newnan, Georgia.

### **What do you like best about Buford?**

All of the people are friendly and you get accepted like you have been here your entire life. I also like the fact that when I am a

senior and graduate I will be able to say that I graduated from Buford High School. I like to play basketball too.

### **What is your favorite quote from Coach Durden?**

When opportunity comes knocking on the door, it is too late to work.

### **What is your outlook for this season?**

To be one of the best teams in the nation, reach our potential as individuals, but most importantly, reaching our full potential as a team.

### **How does it feel to be on two state championship teams?**

It is a honor to be a state champ two years in a row. The memories we all made will never be forgotten and I am blessed and thankful to be a part of a state championship program!

### **What are one or two things people don't know about you?**

I have five dogs and I have a brother that used to play for the University of Alabama but recently transferred to Jacksonville State.