

February and March

Buford Academy

Breakfast of Champions

	Monday	Tuesday	Wednesday	Thursday	Friday
Cycle 1	3/5	3/6	2/1 and 3/7	2/2 and 3/8	2/3 and 3/9
	Mini Pancakes or Chicken Biscuit Cereal Grits Hashbrown Cheese Fruit or Juice	PopTart or Egg & Cheese Croissant Scrambled Eggs Grits Cereal Fruit or Juice	Sausage or Bacon Biscuit Scrambled Eggs Grits Hashbrown Cheese Fruit or Juice	French Toast Sticks or Cheese Toast Sausage Links Scrambled Eggs Cereal Grits Fruit or Juice	Biscuit with Steak and/or Gravy Scrambled Eggs Hashbrowns Cheese Fruit or Juice
Choice of Milk and Juice Daily					
Cycle 2	2/6 and 3/12	2/7 and 3/13	2/8 and 3/14	2/9 and 3/15	2/10 and 3/16 Holiday
	Mini Pancakes or Chicken Biscuit Cereal Grits Hashbrown Cheese Fruit or Juice	PopTart or Egg & Cheese Croissant Scrambled Eggs Grits Cereal Fruit or Juice	Sausage or Bacon Biscuit Scrambled Eggs Grits Hashbrown Cheese Fruit or Juice	French Toast Sticks or Cheese Toast Sausage Links Scrambled Eggs Cereal Grits Fruit or Juice	Biscuit with Steak and/or Gravy Scrambled Eggs Hashbrowns Cheese Fruit or Juice
Choice of Milk and Juice Daily					
Cycle 3	2/13 and 3/19	2/14 and 3/20	2/15 and 3/21	2/16 and 3/22 ER	2/17 and 3/23 ER
	Mini Pancakes or Chicken Biscuit Cereal Grits Hashbrown Cheese Fruit or Juice	PopTart or Egg & Cheese Croissant Scrambled Eggs Grits Cereal Fruit or Juice	Sausage or Bacon Biscuit Scrambled Eggs Grits Hashbrown Cheese Fruit or Juice	French Toast Sticks or Cheese Toast Sausage Links Scrambled Eggs Cereal Grits Fruit or Juice	Biscuit with Steak and/or Gravy Scrambled Eggs Hashbrowns Cheese Fruit or Juice
Winter Holidays 2/20 through 2/24					
Cycle 4	2/27 and 3/26	2/28 and 3/27	2/29 and 3/28	3/1 and 3/29	3/2 and 3/30
	Mini Pancakes or Chicken Biscuit Cereal Grits Hashbrown Cheese Fruit or Juice	PopTart or Egg & Cheese Croissant Scrambled Eggs Grits Cereal Fruit or Juice	Sausage or Bacon Biscuit Scrambled Eggs Grits Hashbrown Cheese Fruit or Juice	French Toast Sticks or Cheese Toast Sausage Links Scrambled Eggs Cereal Grits Fruit or Juice	Biscuit with Steak and/or Gravy Scrambled Eggs Hashbrowns Cheese Fruit or Juice

Choice of Milk and Juice Daily

All meals include a choice of milk. Breakfast always includes fruit or fruit juice.

Menu is subject to change based on availability of foods. Early Release days are ALWAYS Sack Lunch.

"This Institution is an Equal Opportunity Provider."