

Implementation and Monitoring

The Superintendent will ensure the implementation of the procedure is carried out as specified by the Board of Education. The Director of School Nutrition will be responsible for the oversight of the local school wellness policy and Wellness Committee. Each school will have a wellness representative assigned by the principal to oversee implementation of the wellness policy in the following categories:

Wellness Committee

- Buford City Schools shall establish a District Wellness Committee that meets at least 4 times per year to develop recommendations regarding the Buford City Schools Wellness Plan. The Director of School Nutrition will consult with the Wellness Committee on all aspects of the plan, including its development, implementation, goals and revisions.

Nutrition Education and Promotion

- Provide nutrition education to build skills that increase awareness of healthy eating behaviors
- Integrate nutrition education into other curriculum areas
- Involve community by sharing information to promote healthy lifestyles for students outside the schools
- The School Nutrition Department will provide nutrition education on local items served in the cafeteria on a monthly basis

Physical Activity

- Recommend that Buford City Schools follow, for all grades levels, the recommended instruction patterned after the Georgia Standards for Physical Education instruction
- Encourage individual improvement that does not discourage less athletic students or those with lower fitness levels
- Recommend grade appropriate fitness level testing on an annual basis
- Physical activity shall be promoted throughout the schools through various fundraisers, field days and/or any additional physical activity events one time per year

School Nutrition Program

- Director of School Nutrition will administrate the program according to USDA's guidelines and recommendations as approved by the Board of Education
- Encourage students to consume more fruits, vegetables, whole grains, and dairy consistent with the Dietary Guidelines for Americans
- Encourage students to eat a healthy breakfast each day
- Complete recommended training for managers and staff as directed by the Georgia Department of Education's School Nutrition Division
- The School Nutrition Department will integrate a farm to school program into the school system by procuring local food items when available

Supplemental Foods

- Recommend that all competitive food sold to students on the school campus during the school day meet the nutrition standards as specified in 7 CFR § 210.11
- Recommend that food and beverages, with the exception of water, not be sold outside the nutrition program during the school day in elementary schools
- Encourage school fundraisers to offer only healthy food choices or non-food sales
- Recommend setting nutritional standards for all vending machine foods
- Recommend that healthy food choices be available for extracurricular activities when food is sold

Healthy School Environment

- Recommend that there be sufficient areas, seating, time and an environment conducive to socialization to encourage students to eat meals
- For the safety and health of our students and staff, no food other than a sack lunch from home should be brought into the cafeteria from outside sources
- Recommend that food is not used as a reward
- Schools shall provide safe, clean, hygienic restrooms to foster personal responsibility

Evaluation

- Wellness representatives from each school will assess compliance with the local school wellness policy and make the assessment result public on a triennial basis. The public shall be informed about the content of the school's wellness policy and the progress in meeting those goals on an annual basis.

Reference:

National Association for Sport and Physical Education

<http://www.aahperd.org/naspe/standards/stateStandards/>

Buford City Schools

Date Adopted: 3/12/2007

Last Revised: 9/18/2018

Rule 160-5-6-.01 [Statewide School Nutritional Program](#)

US Code	Description
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42 USC 1758b	Local School Wellness Policy
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42 USC 1758	Program requirements-School Lunch Program
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These references are not intended to be part of the procedure itself, nor do they indicate the basis or authority for the Board of Education to enact this procedure. Instead, they are provided as additional resources for those interested in the subject matter of the procedure.