



Updated menus are available at <http://www.bufordcityschools.org/departments/nutrition>.

Choice of milk offered daily.
Menus subject to change.

"This institution is an equal opportunity provider."



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

Monday



Tuesday



Wednesday

Thursday

Friday

6
Chicken Tender Salad
PB&J Box
Yogurt Parfait
Choice of Fruit

7
Spicy Wing Salad
PB&J Box
Buffalo Wrap
Choice of Fruit

8
Chicken Caesar Salad
PB&J Box
Protein Pack
Choice of Fruit

9
Asian Crunch Salad
PB&J Box
Turkey & Cheese Ciabatta
Choice of Fruit

10
Buffalo Chicken Salad
PB&J Box
Yogurt Parfait
Choice of Fruit

13
Chicken Tender Salad
PB&J Box
Yogurt Parfait
Choice of Fruit

14
Spicy Wing Salad
PB&J Box
Buffalo Wrap
Choice of Fruit

15
Chicken Caesar Salad
PB&J Box
Protein Pack
Choice of Fruit

16
Asian Crunch Salad
PB&J Box
Turkey & Cheese Ciabatta
Choice of Fruit

17
Buffalo Chicken Salad
PB&J Box
Yogurt Parfait
Choice of Fruit

20
Chicken Tender Salad
PB&J Box
Yogurt Parfait
Choice of Fruit

21
Spicy Wing Salad
PB&J Box
Buffalo Wrap
Choice of Fruit

22
Sack Lunch
PB&J Sandwich
Chips
Baby Carrots
Celery Sticks
Sliced Apples

23
Sack Lunch
PB&J Sandwich
Chips
Baby Carrots
Broccoli
Sliced Apples

24
Sack Lunch
PB&J Sandwich
Chips
Baby Carrots
Celery Sticks
Sliced Apples

27
Memorial Day

28
Summer Break

29
Summer Break

30
Summer Break

31
Summer Break